TATLER DOCTORS GUIDE 2013

BRITAIN’S TOP 250 CONSULTANTS BY SPECIALITY
GASTROENTEROLOGY

DR COLIN AINLEY
Consultant gastroenterologist at Barts and the London NHS Trust since 1989, Ainley is an accomplished endoscopist and expert in general gastrointestinal disorders, dyspepsia and pancreatic and biliary issues. He runs a ‘relaxed and unhurried’ clinic, where his patients ‘can fully express their symptoms and concerns’. After work, he’s a First World War buff and plays squash.
145 Harley Street, W1; BMI The London Independent Hospital, 1 Beaumont Square, E1 (020 7780 2400).

PROF MARTYN CAPLIN
A world authority on rare forms of gastrointestinal and pancreatic cancers, and clinical lead and head of the neuroendocrine tumour unit at the Royal Free, Caplin relishes being at the cutting edge. Sensitive and pragmatic — ‘Patients want to understand their options and that I have a clear plan of action’ — he also treats reflux oesophagitis, peptic ulcers, coeliac disease and irritable bowel syndrome. He runs once a week and spends his spare time with his wife and three children.
The Wellington Hospital, Wellington Place, NW8 (020 7483 5148).

DR MARK HAMILTON
Awarded the uncommon accolade of ‘most comfortable endoscopist’ by his peers, this IBS expert aims to make awkward procedures as straightforward as possible: ‘It’s a combination of explaining what’s going to happen and making it not too unpleasant.’ The Royal Free consultant is part of a group of gastroenterologists who run on Hampstead Heath – that’s when he’s not using his pilot’s licence to zip to France for lunch.
The Wellington Hospital, Wellington Place, NW8 (020 7586 5959).

DR ANTHONY JENKINS
A general gastroenterologist with particular expertise in wireless-capsule endoscopy and clinical nutrition, Jenkins has an interest in irritable bowel syndrome and inflammatory bowel disease. Sympathetic and sensitive, he takes his time with patients and enjoys working with them to find the right treatments for their conditions.
BMI Chelmsfield Park Hospital, Backs Cross Road, Orpington, Kent (01689 885905).

DR MICHAEL MENDALL
‘I’ve been around the block,’ says Mendall, which is why many turn to him for a second opinion. He performs a range of therapeutic and diagnostic procedures to understand symptoms that make lives a misery, particularly inflammatory bowel disease and other bowel disorders. His children keep him active and his koi carp calm him down after a long day at the coalface.
BMI Shirley Oaks Hospital, Poppy Lane, Croydon, Surrey (020 8655 5500).

PROF NEIL MORTENSEN
Despite the high volume of procedures he performs, Mortensen prides himself on maintaining a caring disposition, deploying the latest techniques, such as keyhole surgery to treat colon cancer, Crohn’s disease and ulcerative colitis, as well as transanal endoscopic microsurgery, which allows for the removal of tumours from the rectum without open surgery. He has been playing real tennis at least once a week for the past 20 years at the Oxford University Tennis Club.
The Churchill Hospital, Old Road, Oxford (07789 827658).

DR SEAN PRESTON
Gastroenterologist Preston treats a host of problems — such as IBS, heartburn, abdominal pain — and anyone concerned that they may have stomach or bowel cancer. Patients say his bedside manner is as gentle as the endoscopic ultrasounds he carries out, which allow him to sample tissues from the pancreas and beyond. With a focus on oesophageal cancer caused by acid reflux, he thrives on diagnosing difficult symptoms — and plays tennis and golf in his spare time.
The Princess Grace Hospital, 42-52 Nottingham Place, W1 (020 7616 7645).

PROF HUW THOMAS
Physician to the royal household, Thomas is a well-respected and pleasant consultant who treats all his patients like royalty. ▶